

Dietary Educator Certificate DEC



What we eat is a major contributor to chronic health problems - this course focuses on helping individuals keep well through the power of prevention.

Why Choose This Programme?

- **Mostly independent study with tutor support:** focusing on dietary education through 1-1 dietary educator consultations, public presentations and writing articles about food and health for the public.
- **Fundamental Coaching Skills development:** Empower people to implement and sustain positive dietary change.
- **Flexible start dates:** you can get started on the course when you are ready.
- **Flexible study options:** full-time or part-time.
- Mostly **online learning** with **peer interaction via webinars, tutorials and group work**. **Coaching practice requires online attendance and some modules can be taken with peers or independently.**
- **Opportunities for further study:** including an **NLP Practitioner Certificate** and **Advanced Health and Diet Coach Diploma (AHDCD)**. The Dietary Educator Course is the first year of the AHDCD.
- **Combine with MSc or Postgrad Diploma studies:** nutritional therapy practice is not for you and you see yourself working in the field of nutrition education rather than therapy.
- Dietary Educator Course Certificate **accredited by the FHT**.
- Chemistry and Human Biology entry modules combined with Biochemistry and Physiology modules are **endorsed by TQUK Ltd**.

This course does not lead to working with people with diagnosed chronic health problems and medications.



Interactive, Collaborative and Independent Learning

Our teaching approach encourages collaboration, discussion, peer and self-directed learning.

- Participate in webinars, tutorials and small-group tasks.
- Self-directed learning to research the literature to evidence base application in academic and case settings.
- Engage in lively online discussions and build lasting professional connections.
- Many students set up social media groups to stay connected throughout their studies and beyond.

Entry Requirements

- Chemistry and Human Biology 'A' levels or equivalent. Applicants without a science background can take chemistry and human biology modules included in the Bioscience Entry Course to meet entry requirements.

English Language Requirement:

IELTS 6.5 or TOEFL equivalent, or previous study conducted in English. Successful completion of Chemistry and Human Biology will be accepted as an alternative.

Technical Skills:

Basic computer literacy in word processing, internet use, and email is required.

Recognition of Prior (RPL) Accredited and Experiential Learning

- Applicants, based on prior qualifications can apply for module exemptions which are discussed as part of a course interview.

Study and Time Commitments

Total: 120 credits per year (=1200 study hours)

Modules: 5

Dietary Educator Course modules		
Year & Level	Term 1	Term 3
Year 1 Level 4	Term 1 Biochemistry Physiology Public Health Nutrition	Term 3 Personalised Dietary Education
DEC Duration & Study Pathways • Pathway One (Full-Time): 12 months - 35 hrs/week • Pathway Two (Part-Time): 24 months - 18 hrs/week • Maximum completion time: 4 years (including registered study breaks) • Combined with the MSc or PGDip programmes: Typically students will complete the MSc or PGDip with the DEC over 3 years. Minimum time to complete both is 2 years. Study plans are tailored to each student and take RPL into account.		
COURSE FEES - JANUARY - DECEMBER 2027		
Study Period	Total Tuition Fees	
Full Time 1 year	£5,380	Payable as £900 annual tuition fee and 12 monthly payments of £370.85
Part Time 2 years	£6,114	Year 1, £900 annual tuition fee and 12 monthly payments of £192 Year 2, £700 annual tuition fee and 12 monthly payments of £184.15
The DEC as a standalone course is based on 120 credits = 1200 hours. As a rule of thumb for every 10 credits allow 100 hours of work inclusive of attending webinars, tutorials, independent reading and writing up assessments. Overall course costs based on approved prior learning would be reduced accordingly based on the module cost. The above Payment Plan and Breakdown are robust examples, and vary depending on the flow of modules in a given year. Students pay an ATF and for modules taken in a year. Applicants can change study plans after starting the course and payments are adjusted based on the changes made. Students are invoiced annually. Fees increase by 3% per annum. The above Fees Table includes a 3% fee increase for the stated years of study. Extending study will likely incur additional fees.		

Ready to find our more - Contact us:

- call us on **01189 798686** to book a comprehensive course discussion
- email us at **info@cnelm.ac.uk**
- register to join our next online **Open Day** where we discuss all our courses between 11am-2pm UK time
- download our course **[Application Form](#)**

