



MSc / PG Dip in Personalised Nutrition

This innovative programme started in January 2012 and has attracted considerable global interest from many health professionals including doctors, pharmacists, nurses, psychologists, practicing nutritionists and nutritional and complementary therapists. Non-bioscience degree qualified applicants with science degrees are also registering for this course. If you think you might be eligible for this course based on your prior qualifications then please contact us.

Course Overview

The MSc / PG Dip in Personalised Nutrition, validated by Middlesex University, aims to deliver an intellectually stimulating and rigorous advanced programme of study that directly supports the development of an evidence base for a personalised nutrition approach to healthcare, as well as promoting lifelong learning and career opportunities for graduates of this course. This course draws on the principles of functional medicine and psycho-neuro-immunology as well as research methods needed to support an evidence base for personalised nutrition.

Course Length & Study Options

- MSc: 1 year full-time; 1.5-3 years part-time (distance learning)
- PG Dip: 10 months full-time; 2 years part-time (distance learning)

Course Outline

- MSc students take 4 x 30 credit modules + the Research Dissertation (total: 180 credits)
- Postgraduate Diploma (PG Dip) students take 4 x 30 credit modules (total: 120 credits)
- Students that complete 60 credits from either the MSc or PG Dip are eligible for a Postgraduate Certificate (PG Cert) as an Exit award

Module	Credits	MSc (180 credits)	PG Dip (120 credits)	PG Cert (60 credits)
Evidence Based Personalised Healthcare	30	M	M	
Research Dissertation	60	M		
Personalised Nutrition Requirements	30	NN	NN	NN
Personalised Nutrition & Chronic Illness	30	NN, P	NN, P	
Personalised Nutrition & Longevity	30	NN, P	NN, P	
Personalised Sports Nutrition	30			

M: Mandatory

NN: Mandatory module for those without a nutrition background/prior nutrition qualification

P: Mandatory for those who are taking the MSc or PG Dip in combination with the CNELM Personalised Nutrition Practice Diploma as an accredited route to practice.

NB those who wish to qualify as a nutritional therapist will need to take the CNELM Personalised Nutrition Practice Diploma (PNPD) in combination with the MSc or PG Dip in Personalised Nutrition (full details in the Prospectus downloadable from www.cnelm.ac.uk).

Entry Requirements

- A first science degree is the primary entrance requirement, though applicants with other degree or professional qualifications will be considered on an individual application basis.
- All applicants must demonstrate appropriate and underpinning knowledge of chemistry, human biology, physiology and biochemistry. Depending on your unique education background you might be advised to take some or all of the postgraduate Bioscience Entry Course modules.
- Proficiency in English Language IELTS 6.5 or TOEFL equivalent
- Basic computer skills including word processing, internet browsing and use of email

COURSE FEES - JANUARY - DECEMBER 2024

MSc

Option	Study Format	Total Tuition Fees	Payment Method and Breakdown
A	Full-time (1 year)	£8,680	Payable as £1,480 prior to the start of the course and each subsequent year (1x). Then monthly fees of £600 per month over 12 months
B	Part-time (2 years)	£10,160	Payable as £1,480 prior to the start of the course and each subsequent year (2x). Then monthly fees of £300 per month over 24 months
C	Part-time (3 years)	£11,640	Payable as £1,480 prior to the start of the course and each subsequent year (3x). Then monthly fees of £200 per month over 36 months

PG Dip

Option	Study Format	Total Tuition Fees	Payment Method and Breakdown
A	Full-time (1 year)	£6,280	Payable as £1,480 prior to the start of the course and each subsequent year (1x). Then monthly fees of £400 per month over 12 months
B	Part-time (2 years)	£7,760	Payable as £1,480 prior to the start of the course and each subsequent year (2x). Then monthly fees of £200 per month over 24 months

Please Note: The MSc and PG Dip Personalised Nutrition programme was successfully revalidated by Middlesex University in July 2018 for a further 6 years.

Why CNELM?

CNELM has been teaching validated nutrition degree courses since 2003 and accredited postgraduate nutrition courses since 2006. We are committed to evidence based research and keeping abreast of new developments in personalised nutrition education and emerging healthcare paradigms. Our nutrition and clinical programmes encompass Systems Biology, principles of Functional Medicine and psycho-neuroimmunology. We listen to our staff and students and continually review and adapt our programmes, learning resources and e-learning to help improve the student experience.

For further content and financial details
download the full Prospectus from:

cnelm.ac.uk

Contact: Centre for Nutrition Education & Lifestyle Management (CNELM)
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CNELM
Centre for Nutrition
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