



MSc / PG Dip in Personalised Nutrition

Personalised Nutrition is a fascinating area of nutrition education, research and practice. The MSc and Postgraduate Diploma (PG Dip), now running for 12 years, attracts considerable interest from a wide range of health professionals, bioscience graduates, academics, and applicants with prior degrees in a range of subjects including, but not limited to, law, engineering, business, commerce, philosophy, literature and the arts.

Course Overview

The MSc and PGDip are clinically applied programmes that aim to deliver an intellectually stimulating and rigorous advanced programme of study to support the growing evidence-base for personalised nutrition interventions. Each nutrition module assessment is based on in-depth academic case study where students explore the literature to support a personalised nutrition plan. Students demonstrate their understanding of research approaches that support an evidence-based approach for personalisation, and MSc students complete a research dissertation in an area of interest to support the evidence base for personalised nutrition. See our subsite the Personalised Nutrition Institute website for published papers based on student research dissertations and books our graduates have published.

All courses are delivered online via live webinar, pre-recorded webinars, and live tutorials.

Course Length & Study Options

- MSc: 1 year full-time; 1.5-3 years part-time
- PG Dip: 10-12 months full-time; 2 years part-time

Course Credits

- MSc students complete 180 credits as 4 x 30 credit taught modules + a 60 credit Research Dissertation
- PG Dip students complete 120 credits as 4 x 30 credit taught modules

Module	Credits	MSc (180 credits)	PG Dip (120 credits)
Evidence Based Personalised Nutrition (EBPN)	30	M	M
Research Dissertation (RD)	60	M	
Personalised Nutrition Requirements (PNR)	30	NN	NN, P
Personalised Nutrition & Chronic Illness (PNCI)	30	NN, P	NN, P
Personalised Nutrition & Longevity (PNL)	30	NN, P	NN, P
Personalised Sports Nutrition (PSN)	30		

M: Mandatory

NN: Mandatory module for those without a nutrition background/prior nutrition qualification

P: Mandatory for those who are taking the MSc or PG Dip in combination with the CNELM Personalised Nutrition Practice Diploma (PNPD) as an accredited route to practice.

Exit Awards

Students that complete 60 credits from either the MSc or PG Dip are eligible for a Postgraduate Certificate (PG Cert) in Personalised Nutrition as an Exit award.

Students registered on the MSc that have completed 120 credits are eligible for a PG Dip in Personalised Nutrition.

In rare cases students that have gained 150 credits including the RD module, but have not completed or passed EBPN, are eligible for a PG Dip Nutrition Science Exit Award. EBPN is Mandatory for a PG Dip in Personalised Nutrition.

If you are looking to become a Nutritional Therapist then please download the CNELM Personalised Nutrition Practice Diploma (PNPD) course flyer and costs. The PNPD can be taken alongside, or after the MSc or PGDip as an accredited route to nutritional therapy practice.

Entry Requirements

- A first science degree is the primary entrance requirement, though applicants with other degree or professional qualifications will be considered on an individual application basis.
- All applicants must demonstrate appropriate and underpinning knowledge of chemistry, human biology, physiology and biochemistry. Depending on your unique education background you might be advised to take some or all of the postgraduate [Bioscience Entry Course](#) modules.
- Proficiency in English Language [IELTS 6.5](#) or [TOEFL](#) equivalent
- Basic computer skills including word processing, internet browsing and use of email

Why CNELM?

CNELM has been teaching validated nutrition degree courses since 2003 and accredited postgraduate nutrition courses since 2006. We are committed to evidence based nutrition research and keeping abreast of new developments in personalised nutrition education and emerging healthcare paradigms. Our nutrition and clinical programmes encompass principles of systems biology, personalised and functional nutrition, and psychoneuroimmunology. We listen to our staff and students and continually review and adapt our programmes, learning resources and e-learning to help improve the student experience. As a team we endeavour to provide a high quality learning environment and a supportive student experience.

CNELM is committed to offering courses that have External accreditation, endorsement and/or validation

- Middlesex University (MDX) has validated the MSc and PG Dip programmes. Our partnership with MDX has spanned over more than 20 years
- The PNPD in combination with the MSc or PG Dip are accredited by the [Nutritional Therapy Education Commission \(NTEC\)](#) as routes to nutritional therapy practice
- Graduates of NTEC accredited courses can apply for professional membership with the [British Association for Nutrition & Lifestyle Medicine \(BANT\)](#) and the Regulatory Body the [Complementary and Natural Healthcare Council \(CHNC\)](#). CNHC regulates within the UK Borders
- The PNPD programme is Endorsed by [Qualifi](#), an independent awarding institution
- The [Dietary Educator Certificate](#) is accredited by the [Federation of Holistic Therapists](#)
- The [NLP Practitioner coaching](#) course is accredited by [UKCPD](#) enabling graduates to apply for professional membership with [ANLP](#).

COURSE FEES JANUARY - DECEMBER 2025

MSc in Personalised Nutrition

Option	Study Period	Total Tuition Fees	Year	Payment Method and Breakdown
ATF = Annual Tuition Fees prior to the start of the course and each further year of study				
A	Full-time (1 year)	£9,232	1 MSc	Payable as £1,480 ATF and 12 instalments of £646
B	Part-time (2 years)	£10,916	1 MSc 2 MSc	Payable as £1,480 ATF and 12 instalments of £331.50 Payable as £1,480 ATF and 12 instalments of £331.50
C	Part-time (3 years)	£12,652	1 MSc 2 MSc 3 MSc	Payable as £1480 ATF and 12 instalments of £228.10 Payable as £1480 ATF and 12 instalments of £228.10 Payable as £1480 ATF and 12 instalments of £228.10

PG Dip in Personalised Nutrition

A	Full-time (1 year)	£6,856	1 PG Dip	Payable as £1,480 ATF and 12 instalments of £448
B	Part-time (2 years)	£8,508	1 PG Dip 2 PG Dip	Payable as £1480 ATF and 12 instalments of £231.20 Payable as £1480 ATF and 12 instalments of £231.20

The above Payment Plan and Breakdown are robust examples, but can vary depending on the flow of modules and courses in a given year. In each year students are invoiced for an annual tuition fee and the modules taken in that year. A bespoke payment plan is agreed based on the applicants agreed study plan. Applicants can change study plans after starting the course and payments are adjusted based on the changes made.

Please note that students are invoiced annually. Fees increase by 3% per annum. The above table of fees have taken into account 3% fee increases for the stated study periods. Students that extend studies beyond the financial plan agreed at the outset will likely incur additional fees if the study plan enters a new 12 month academic cycle. Study plans can be agreed at course interviews over 1.5 and 2.5 years and fees would be spread over an agreed study period.

For further content and financial details
download the full Prospectus from:

cnelm.ac.uk

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